



# Advent Calendar of Care



## Senior Vinnies - Serving in Hope at Christmas

1 <i>Donate coat to charity and leave a nice note in pocket.</i>	2 <i>Ring an elderly relative for a chat.</i>	3 <i>Leave change in a vending machine.</i>	4 <i>Volunteer to deliver Christmas cards.</i>	5 <i>Cook dinner at home.</i>
6 <i>Offer to pack shopping in supermarket queue.</i>	7 <i>Offer to walk a neighbour's dog.</i>	8 <i>Pray for those in poverty.</i>	9 <i>Offer to de-ice neighbour's windscreen.</i>	10 <i>Donate to a local or school foodbank.</i>
11 <i>Pray for the sick.</i>	12 <i>Volunteer at local homeless shelter.</i>	13 <i>Help a friend with schoolwork.</i>	14 <i>Make cards for care home residents.</i>	15 <i>Offer to telephone lonely/isolating neighbours.</i>
16 <i>Help the elderly with gardening tasks.</i>	17 <i>Make up care packages for patients returning from hospital.</i>	18 <i>Donate unwanted clothes to charity.</i>	19 <i>Offer to help prepare the church for Christmas.</i>	20 <i>Support a small business by making a purchase.</i>
21 <i>Pray for the Homeless.</i>	22 <i>Offer to take out neighbour's bin.</i>	23 <i>Ask someone at home to tell you their Christmas memories.</i>	24 <i>Watch an online Mass.</i>	25 <i>Spread the joy of Christmas!</i>