

## Senior Vinnies - Serving in Hope at Christmas







1	2	3	4	5
Donate coat to charity and leave a nice note in pocket.	Ring an elderly relative for a chat.	Leave change in a vending machine.	Volunteer to deliver Christmas cards.	Cook dinner at home.
6	7	8	9	10
Offer to pack shopping in supermarket queue.	Offer to walk a neighbour's dog.	Pray for those in Poverty.	Offer to de-ice neighbour's windscreen.	Donate to a local or school foodbank.
11	12	13	14	15
Pray for the sick.	Volunteer at local homeless shelter.	Help a friend with schoolwork.	Make cards for care home residents.	Offer to telephone lonely/isolating neighbours.
16	17	18	19	20
Help the elderly with gardening tasks.	Make up care packages for patients returning from hospital.	Donate unwanted to clothes to charity.	Offer to help prepare the church for Christmas.	Support a small business by making a purchase.
21	22	23	24	25
Pray for the Homeless.	Offer to take out neighbour's bin.	Ask someone at home to tell you their Christmas memories.	Spread the joy of Christmas!	Attend a Christmas Mass.